



DECLINE IN MALE STERILISATION (VASECTOMY) RATES IN INDIA

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1. Historical Context:

- India launched a national family planning programme in 1952.
- Male sterilisation (vasectomy) accounted for 80.5% of sterilisation procedures in the late 1960s, but its prevalence has significantly declined.
- Recent National Family Health Survey (NFHS-4 and NFHS-5) data shows vasectomy rates stagnating at 0.3%, compared to 37.9% for female sterilisation.

2. Gender Disparity:

- Women bear almost the entire burden of sterilisation, conflicting with National Health Policy 2017, which aimed to raise male sterilisation rates to 30%.
- This imbalance poses a challenge to achieving Sustainable Development Goal (SDG) 5 on gender equality.

3. Ground Realities:

- Social Beliefs: Sterilisation is perceived as a woman's responsibility.
- Misconceptions: Fears of reduced libido and family opposition hinder male participation.
- Economic Concerns: Men avoid vasectomies due to wage loss, despite cash incentives.

4. Key Challenges:

- Illiteracy, male egos, and lack of awareness.
- Shortage of trained healthcare providers in rural areas.

5. Proposed Solutions:

- Awareness Campaigns: Sensitisation in schools, social behaviour change initiatives, and destigmatising vasectomies.
- Increased Incentives: Offer higher cash incentives to encourage vasectomy adoption.

Learning from Global Practices:

- South Korea: High uptake due to gender equality.
- Bhutan: Vasectomy camps and social acceptability.
- Brazil: Mass media awareness campaigns raised prevalence from 0.8% to 5%.
- Strengthening Healthcare: Train more professionals, promote no-scalpel vasectomies, and ensure access to quality services.

6. Conclusion:

 Promoting male sterilisation requires integrated efforts involving policy, education, incentives, and service delivery to address societal and systemic barriers.

Multiple Choice Questions

- 1. Which of the following goals is hindered by the gender disparity in sterilisation procedures in India?
 - A. Sustainable Development Goal (SDG) 3
 - B. Sustainable Development Goal (SDG) 4
 - C. Sustainable Development Goal (SDG) 5
 - D. Sustainable Development Goal (SDG) 10 Answer: C
- 2. Which of the following countries has the highest prevalence of vasectomy due to progressive societal norms?
 - A. Bhutan B. Brazil
 - C. South Korea

Answer: C

D. India

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